

LANGHAM CREEK SCRIMMAGE SCHEDULE 2021 – 2022

Tuesday, Nov. 2nd:

All 3 teams will be in separate gyms this year. The freshman will be in the multipurpose gym (Gym 3). Junior Varsity will be in our Auxillary gym (Gym 2) and Varsity will be in our Main Gym (Gym 1). Teams will have a 5-min warm-up and then play with a 20 min running clock, then a 5-min break and then play another 20 min running clock. Free throws will be shot for shooting fouls only. Have your teams stretched and ready to take the floor for their warm-up at the designated time. **We will provide balls. Concession will be available.**

Cy-Fair vs Langham Creek - 1:00 -1:05 - Warm-up
1:05 - 1:25 - 20 min running clock
1:25 - 1:30 - 5 min break
1:30 - 1:50 - 20 min running clock

Deer Park vs Cy-Fair - 1:50 - 2:00 - Warm-up (Give Deer Park Extra time)
2:00 - 2:20 - 20 min running clock
2:20 - 2:25 - 5 min break
2:25 - 2:45 - 20 min running clock

Deer Park vs Langham Creek - 2:45 - 2:50 - Warm-up
2:50 - 3:10 - 20 min running clock
3:10 - 3:15 - 5 min break
3:15 - 3:35 - 20 min running clock